

Cook Data Checklist

I am responsible for:

- Becoming a food expert
- Designing a menu that will enable students with specific health requirements and cultural needs to enjoy the food.

I must write the URL of each link I have used in the table below, as well as any information I'm going to use.

Who am I planning for: _____

(Describe the child you are studying)

Considering Meat Is beef, pork, fish, chicken or any other meat delicacy okay to use?	
Considering Wheat, Rice or Lentils Is one more common than another in this child's culture?	
Considering Dairy Products Is milk, cheese, yoghurt, cream or other dairy products okay to use?	
Considering Sugar Is this child able to have sugary food? What sweet healthy alternatives could be added to the menu?	
Best Selections What are your final choices?	